

Proficiency Badge: Top Rope Climber	Name:	Age:
	Scout Group:	

Participants must have attained the age of 11 years.
All rock related activities to comply with State safety regulations.



A. DEMONSTRATE	Competent	Date
Prior to activity, demonstrate precautions applicable to climbing including		
1. Approaching cliffs		
2. Safe distance to cliff edge		
3. The need to restrain loose hair and clothing		
4. Use of standard communication conventions used in top rope climbing		

B. SKILLS	Competent	Date
Demonstrate thorough knowledge and skill		
1. Tape knot including tie offs		
2. Figure eight on the bight (double fig 8)		
3. Correct fitting of a harness		
4. Clipping onto climbing rope		
5. Checks system, and get a second person to check system		
6. Mock climb on flat ground		
7. Suitable protective clothing for all seasons		
8. The importance of using appropriate equipment and ropes		
9. Basic rules for the use and care of equipment		
10. Belay from the top		
11. Belay from the bottom		

C. ACTIVITY	height	competent	date
Undertake 5 top rope climbs (Name of Climb)			
1.			
2.			
3.			
4.			
5.			
6.			
7.			

BADGE COMPLETED: Name and	Signature of Instructor	Date